

A Structured Sample of Family Worship¹

READ and TEACH: Psalm 1

The Way of the Righteous and the Wicked

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ² but his delight is in the law of the Lord, and on his law he meditates day and night. ³ He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. ⁴ The wicked are not so, but are like chaff that the wind drives away. ⁵ Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶ for the Lord knows the way of the righteous, but the way of the wicked will perish.

Teach and Discuss:

- When does the Law teach us about God? How does the text show this?
- Why is the Psalmist delighting in the Lord?
- What the differences between one who delights in God and one who does not delight in God?
- What is one way you can apply this text to your daily life?

PRAY Psalm 1:

- Lord helps us to delight in you and your Word. Father, we want to be like trees planted near streams of water. You are unique, the only One who fulfills the Law, and we praise You! (**Adoration and Praise**)
- Lord, forgive us for when we do not delight in your law or Your Word. We recognize our need for Jesus but help us to grow in our affection for Him. (**Confession**)
- Thank you for allowing fruit to yield in our lives because of Your Word. We have seen the way of the righteous because You have graciously shown us the path. (**Thanksgiving**)
- Lord, we know the wicked are around us. Those who have not rusted in Your Word. Father, we lift up our neighbors and family members and ask that You would save them. Please give us opportunities to share your glorious gospel. (**Supplication**)

Memorize:

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. (Psalm 1:1-2)

Sing:

“Speak O Lord” by Keith & Kristyn Getty and Laura Story

¹ This sample is derived from the book, *Equipping Fathers to Lead Family Worship* by Ken Coley and Blair Robinson.

